



NATIONAL SERVICE SCHEME
COLLEGE OF VOCATIONAL STUDIES
2019-2020

| NAME OF EVENT | NO. OF PARTICIPANTS | DATES |
|---|---------------------|------------|
| A WALK OF CONCERN (A SILENT RALLY ON AMAZON FIRE) | 110 | 26/08/19 |
| FIT INDIA MOVEMENT | 150 | 29/08/19 |
| DONATION DRIVE | 550 | 06/09/19 |
| NSS DAY | 50 | 24/09/19 |
| WORKSHOP ON WOMEN HEALTHCARE, GENDER SENSITIVITY, HYGIENE, AND WOMEN ENPOWERMENT UNDER MISSION AAA | 320 | 30/09/19 |
| PUBLISHING VERY FIRST EDITION OF "REVEILLEE" OUR E-NEWSPAPER FROM NSS, CVS | 110 | 2019-20 |
| NSS PLEDGE DAY AND ESSAY WRITING COMPETITION | 800 | 31/10/19 |
| CENTRAL VIGILANCE AWARENESS WEEK | 250 | 01/11/19 |
| DONATION DRIVE AND FUNDRAISING | 200 | 06/11/19 |
| DUSTBIN INSTALLATION AND DISTRIBUTION OF BLANKETS TO OUR SECURITY STAFF: SPONSORS: NEWANDDAN TECHNOLOGIES | 55 | 08/11/19 |
| THE RAKSHIN PROJECT: WORKSHOP ON CHILD ABUSE AND POCSO: IN COLLABORATION WITH SAKSHI, AN ORGANISATION | 110 | 14/11/19 |
| INSTALLATION OF SANITARY PAD MACHINE | 100 | 30/09/2019 |

| | | |
|---|-----|-----------|
| DASTAAN-E-JALIYAAN: IN COLLABORATION WITH REVERIE, THE CULTURAL WING OF CVS | 150 | 30/01/020 |
| NSS ANNUAL FEST: ODESSEY 5.0 (BREAKING THE STREOTYPES) | 800 | 17/02/020 |



A WALK OF CONCERN

The 2019 Amazon rainforest wildfires season saw year to year surge in fires occurring in the Amazon Rainforest and Amazon Biome within Brazil, Bolivia, Paraguay, and Peru during that year's Amazonian tropical dry season.

Fires normally occur around the dry season as slash-and-burn methods are used to clear the forest to make way for agriculture, livestock, logging, and mining, leading to deforestation of the Amazon rainforest.

Such activity is generally illegal within these nations, but enforcement of environmental protection can be lax.

The increased rates of fire counts in 2019 led to international concern about the fate of the Amazon rainforest, which is the world's largest terrestrial carbon dioxide sink and plays a significant role in mitigating global warming.

We at NSS-CVS realise the severity of this situation and its aftermath. So we decided to organise a silent rally, *A WALK OF CONCERN* on 26 August, to express our serious concern and groan about the Amazon rainforest fires.

NSS volunteers and other college students gathered in the college ground for the walk to express their respective feeling toward mother nature. Our nature has given us everything that it could and now it is choking because of our irresponsible actions.

Then why not, because responsible and save Nature So that our future generations also enjoy every free gift from nature that we did.

Link to the event

https://m.facebook.com/story.php?story_fbid=pfbid0ipjkgbQ32c4Gii7RsnErzDcqU7UvKmbFRzDiteuF9vVBJJToDr9tOKfxkJSMhHYml&id=1017548498274468

Poster of the event.





NATIONAL SERVICE SCHEME
COLLEGE OF VOCATIONAL STUDIES

PRESENTS

**A SILENT RALLY
ON
AMAZON FIRE**

26 Aug 2019

Venue : College Ground

Contact Us : SALONI GUPTA NIDHI BISHT
7905689772 8368078942

@nss_cvs  NSS College of Vocational Studies



FIT INDIA MOVEMENT

On the occasion of National Sports Day, 29 August, *Fit India Movement* was launched by the central government and NSS-CVS organised its live telecast in the college seminar hall. Fit India Movement aims to encourage Indians to include fitness activities and sports in their daily lives for a healthy and fit lifestyle.

To track the fitness level of today's youth, a 12 minutes run and walk test was conducted on a 200 metres track in the college field and our NSS volunteers enthusiastically participated in it.

Link of the event

https://m.facebook.com/story.php?story_fbid=pfbid02zH2MtfEj6AuURn1MMfrtuBKzDnXHuEejCAUUgRMF5xX1VnAGo3m48UmJRy8KpuJl&id=1017548498274468

Photos of the event





DONATION DRIVE

The National Service Scheme Unit of our college organised a donation drive on 6th november 2019 inside the college campus and The main objective of the drive was to collect the issues of essential things like stationary, bags, sanitary pads .

The cleanliness drive starts at 10 AM with the interactive session with faculty members regarding the need and importance of Donation in life. Ingrained with the pure spirit , faculty members motivate the volunteers to keep up the efforts of a drive on a personal level.

After the interactive session, thedrive starts at 12 pm with the help of more than 70 volunteers of NSS.

Link to the event

https://m.facebook.com/story.php?story_fbid=pfbid02ZfkuTEcjhX6BxHamiDkHo9ueKnvLtrKXF n5gvL5xQCEiXudeFJ43vhbKabRAHhcl&id=1017548498274468

Photo of the event

NATIONAL SERVICE SCHEME
COLLEGE OF VOCATIONAL STUDIES

Donation Drive AND Fundraising

on
**5th | 6th
November
2019**

**WE ARE
COLLECTING**

- Stationary
- Packed Food Items
- Sanitary Pads
- Toys
- Cash

**DONATION
BOX**

GIVE A LITTLE, HELP A LOT

Saloni Gupta
(President)
79056 89772

Shalini Sinhgai
(P.O)

Nidhi Bisht
(Vice-President)
83680 78942



NSS DAY

The 50th NSS Day on 24 September, 2019 was celebrated with great pomp and show. With the spirit of " NOT ME BUT YOU" the council, the captains and all the NSS volunteers took the oath followed by the official announcements of all the positions. Our guest of honour, the first and the founding volunteer of NSS, Mr. Krishna Kumar Gupta enlightened us by throwing the light on the essence of NSS and social service. All the volunteers actively participated and made the event brighter by their cultural performances. The captivating performance by Sukhmanch Theatre encouraged the audience to save the environment and to be a responsible human being. To highlight the social issues prevailing in the society, the competitions like Face Painting and Slogan Writing were also organised.

We express our gratitude to the programme officer of NSS Dr. Shalini Singhal who guided us throughout to bring this day to its fruition.

Link to the event

https://m.facebook.com/story.php?story_fbid=pfbid0pgVQb6NuBtWQ4pLVQEqwcE5HYC5RWc at9VZvvtpaSvisJ5j8ddBrEkpMHJdhvaUwl&id=1017548498274468

Photo of the event

NATIONAL SERVICE SCHEME
COLLEGE OF VOCATIONAL STUDIES

PRESENTS

NSS DAY

BRINGING YOU A SERIES OF EXCITING EVENTS
WITH A LOT OF NEW SURPRISES

SEPT 24 | 10 AM
SEMINAR HALL

Face Painting Competition

Meme-O-Mania

Inspiring Talk with Chief Guest

SALONI GUPTA
PRESIDENT

DR. SHALINI SINGHAL
PO

NIDHI BISHT
VICE PRESIDENT



WORKSHOP ON WOMEN HEALTHCARE, GENDER SENSITIVITY, HYGIENE, AND WOMEN EMPOWERMENT

Sex and gender are critical contributors to overall health and disease, and considering both in research informs the development of prevention strategies and treatment interventions for both men and women. The NSS CVS conducted a workshop on the topic of women's healthcare, on the 30th of September 20. The workshop featured presentations on a variety of topics including polycystic kidney disease, vaccine protection, depression, drug addiction, and cardiovascular disease. We discussed the major points of each presentation and demonstrate the importance of considering sex and gender in biomedical research like women ignoring their health and the reasons for it, STI's, STD's, hygiene of intermediate areas and much more

Link to the event

https://m.facebook.com/story.php?story_fbid=pfbid02XGqo6CxJyekPeHZu3l'EmeMRSfFuZ7vQdgw_gymuR8pVCxYq'16a3HLiN6LW1qtszal&id=1017548498274468

Poster of the event

NATIONAL SERVICE SCHEME

College of Vocational Studies

PRESENTING
WORKSHOP ON:

**Women Healthcare,
Gender sensitivity,
Hygiene & women
empowerment**

Guests:

CA Deendayal Agrawal
Chairman CSR Research Foundation/
Former Director Bank of Maharashtra

CA Anjavi Pandaya

Deepakshi project Coordinator "Mission
AAA". Convener Mission AAA"

30 SEPTEMBER

10:30AM

CONFERENCE ROOM

Saloni Gupta
President

Dr. Shalini Singhal
P.O.

Nidhi Bisht
Vice President



INSTALLATION OF SANITARY PAD MACHINE

As one day dips and another dawns, NSS tries to come up with the manoeuvre which could pave the way for a better society, for the upliftment of all and for the strengthened fabric of our Nation. We aim at making lives better and with the same vision we are proud to announce that under the mission AAA and with the guidance of the Programme Officer of NSS-CVS, Dr. Shalini Singhal, *College of Vocational Studies now has a Sanitary Pad vending machine and an incinerator installed in the Girls Common Room.*

An interactive and informative workshop and awareness program on Women healthcare, hygiene, gender sensitivity and women empowerment was organized on 30th September 2019 in the college. Dr. Inderjeet Dagar, the Principal of College Of Vocational Studies, expressed his views on menstruation as a taboo and the lack of awareness in many remote areas. It was organized in collaboration with the *CSR RESEARCH FOUNDATION*. The Chairman of CSR foundation, CA Deendayal Aggarwal, presented the real picture of menstruation related situations in our country and the importance of hygiene for females. He further elaborated the mission AAA that is :

Awareness - there should be proper awareness about cleanliness and importance of hygiene among people.

Availability - washrooms and sanitary napkins should be available easily to each and every woman.

Affordability- everyone should be able to afford it, including the poorest sections of the society. This mission takes a step forward to spread the awareness and to improve the current scenario. The workshop was followed by the installation of the machines and the demonstration about their functioning by Miss Deepakshi, the Project Coordinator of Mission AAA.

It was a momentous day for NSS-CVS as it added an extremely valuable page to the golden book of NSS history.

Link to the event

https://m.facebook.com/story.php?story_fbid=pfbid02bKCxb8cfG8y6nLF5uH3mUdGUE3i791TSTAEJP1Cta9eNXPSQ1gJqKQKZswkp99l&id=1017548498274468

Photos of the event





PUBLISHING VERY FIRST EDITION OF “REVEILLE” OUR E-NEWSPAPER FROM NSS, CVS

Monthly newspaper "CVS Reveille Times"

Our monthly issue consists of illustrious articles on various current issues of national importance, and many other things you will find interesting.

'Click on the link below to access'.

https://drive.google.com/drive/folders/1BpQQvA-wQl4j-UNhxktxH_XWibEEVmSi?usp=sharing



Facebook post link :

https://www.facebook.com/story.php?story_fbid=pfbid02mJ1sfgg5PEemetAj8M53xqT44CHvnnqiUGnP_3x5fBmrBj7YA1HQwaiLYuUbUEQpsl&id=1017548498274468&scmts=scwspstd

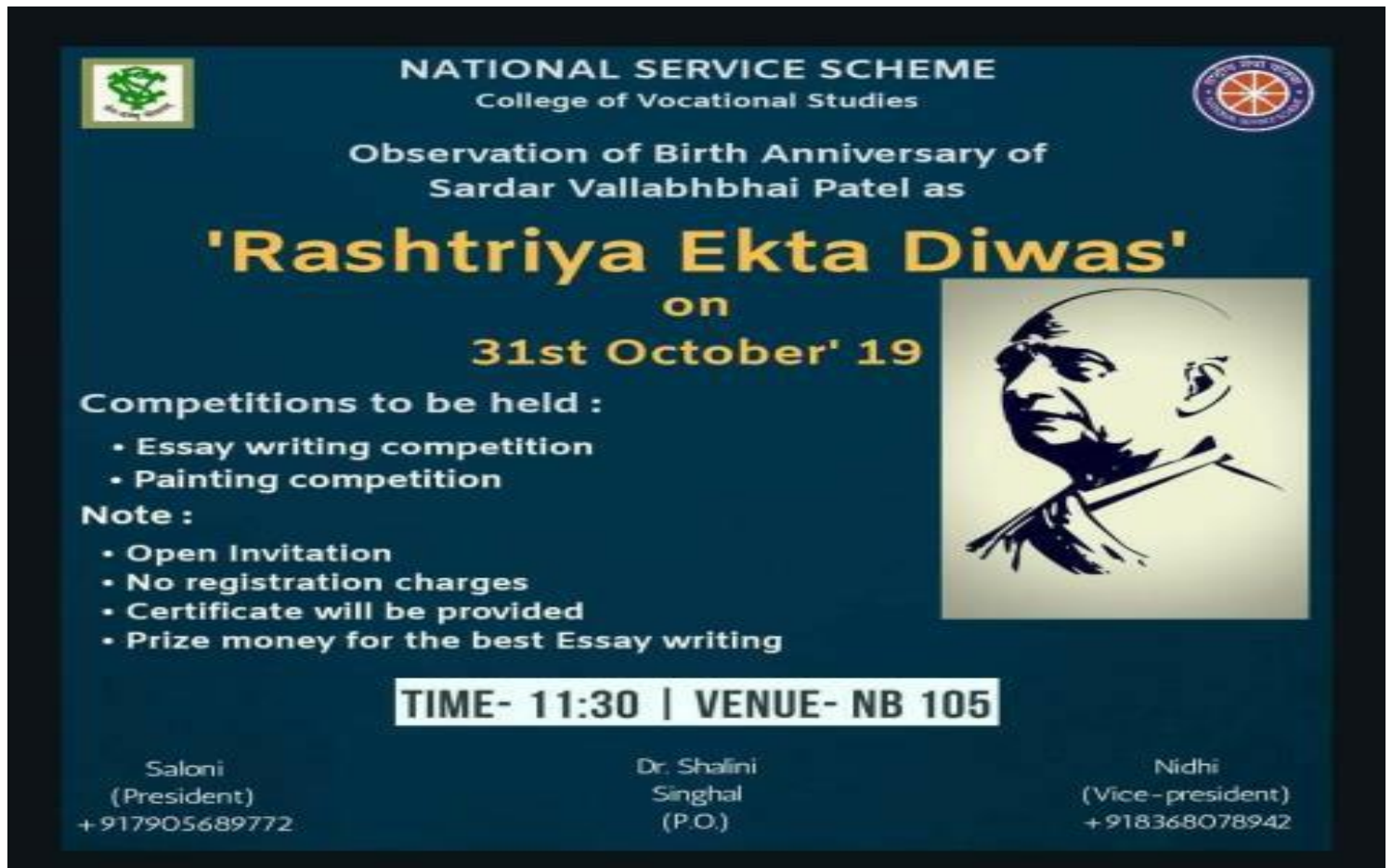


ESSAY WRITING COMPETITION:

The National Service Scheme in collaboration with the National Cadet Corps, College of Vocational Studies organized an Essay Writing Competition for all the writing enthusiasts on the topic "Rashtriya Ekta was " in both Hindi and English language on October 31st, 2019 in the new building from 12.30 p.m.. - 1 p.m. . Everyone knows how important it is to keep our city and country clean. Students participated in large numbers with great enthusiasm. They were very willing to write and all of them pen down all their thoughts and ideas. The essay contest is organized to harness the energy, recreate variety, and initiative of the world's youth in promoting a culture of peace and sustainable development. It also aims to inspire society to learn from the young minds and to think about how each of us can make a difference in the world

The event took place under the guidance of our Principal Sir and our mentor.

Photo of the event



The poster is for an event titled "Rashtriya Ekta Diwas" on 31st October 2019. It is organized by the National Service Scheme at the College of Vocational Studies. The event is in honor of the birth anniversary of Sardar Vallabhbhai Patel. The poster lists two competitions: Essay writing and Painting. It includes a note with details like open invitation, no registration charges, certificate provision, and prize money. The time and venue are specified as 11:30 at NB 105. Contact information for Saloni (President), Dr. Shalini Singhal (P.O.), and Nidhi (Vice-president) is provided at the bottom.

NATIONAL SERVICE SCHEME
College of Vocational Studies

Observation of Birth Anniversary of
Sardar Vallabhbhai Patel as

'Rashtriya Ekta Diwas'
on
31st October' 19

Competitions to be held :

- Essay writing competition
- Painting competition

Note :

- Open Invitation
- No registration charges
- Certificate will be provided
- Prize money for the best Essay writing

TIME- 11:30 | VENUE- NB 105

Saloni
(President)
+917905689772

Dr. Shalini
Singhal
(P.O.)

Nidhi
(Vice-president)
+918368078942

Link to the event.

<https://www.facebook.com/1017548498274468/posts/pfbid034BCTgPfVP3zTypXeSrfRNme52iC37sBJsKC9Ae8Nh7k5sCAxnD6zhUy23G7Lpb>





DONATION DRIVE

With the purpose of social welfare and willingness to extend our little but important contribution to the underprivileged section of the society, NSS CVS organized a massive *Donation Drive on 1st November 2021, at *the College Of Vocational Studies*.

With a strong feeling of patriotism, selflessness, and charity, the NSS volunteers were assigned a desk duty in a group of three each, wherein they collected all the donations that were being made by the other volunteers, and teachers (teaching and non-teaching). The donors were free to donate anything they wanted to donate, be it in kind (toys, books, clothes, stationery etc) or cash.

In order to recognise the kind gesture, selflessness, and humanity of all the donors, NSS also gave a Thank You card to them and captured the emotional and unforgettable moments on the camera.

Link of the event

https://m.facebook.com/story.php?story_fbid=pfbid0cia1gaS2AZcRjrc62eUCGjq9cC6wbXUKCMGTp8ZgvHMbDsVVaNBq9LkAGVEATW6dl&id=1017548498274468

Photos of the event

NATIONAL SERVICE SCHEME
COLLEGE OF VOCATIONAL STUDIES

PRESENTS

DONATION DRIVE

HELPING PEOPLE IN NEED OF SUCCESS BY A SIMPLE ACT OF PROVIDING USEFUL SUPPLIES

COLLECTION DATES:
SEPT. 06, 19

DROP-OFF LOCATION
NEAR NSS WALL, CVS

WHAT WE NEED
USED OR NEW BOOKS, NOTEBOOKS, PENS, CALCULATORS, RULERS, FOLDERS, CLOTHES, FLASH DISKS, MANILA PAPERS, GLUES, COLOR PENCILS, ERASERS, CRAYONS, ETC.

Saloni Gupta
(president)

THANKS IN ADVANCE FOR YOUR DONATION!

Nidhi Bisht
(vice president)



CENTRAL VIGILANCE AWARENESS WEEK

NSS unit of CVS observed 'Vigilance Awareness Week' from 28th October to 2nd November. The week commenced with an integrity pledge, for which volunteers took an oath to uphold the unity, integrity and security of the nation. It was followed by a bilingual *Essay Writing Competition* where participants were given a choice to write either in English or Hindi on the respective themes: *Integrity- a way of life and Imandari- ek jeevan sheli* A total of 20 students participated who beautifully penned their views on the value of integrity. The English essays were judged by Mr. Souvik Dutta while the Hindi essays were judged by Dr.

Rupesh Shukla. Both the judges did an incredible job at selecting the deserving winners. The best 3 essays were awarded with a prize money of 1500, 1000 and 500 respectively. Thus, the event succeeded in enlightening students about the dire need for national integrity and unity.

Link to the event

https://www.instagram.com/p/B9qMAzDpYb_/?igshid=YmMyMTA2M2Y=

Photo of the event





DUSTBIN INSTALLATION AND DISTRIBUTION OF BLANKETS TO OUR SECURITY

NSS Unit of College of Vocational Studies installed Dustbins of Three colours in the campus premises. The NSS volunteers visited class to class and aware students about waste segregation that what type of waste should be put in Bio degradable category (Blue Colour) and what should be thrown in Bio degradable category i.e Green colour and also about various schemes of government regarding the swachh bhara abhiyan. While addressing the local people volunteers ask people to separate the biodegradable and non biodegradable waste and use only biodegradable material for manure purpose and non biodegradable for recycling and also ask people to install the dustbin in their home and shop. NSS Unit also donated blankets to the entire security staff of our college.

Segregation of Waste: A start in saving our Mother Earth

NSS-CVS is installing Waste bins in the college under *Swachh Bharat Abhyan*. We would be placing 5 sets of 3 Waste Colour waste bins ;

Green Waste Bins - wet Waste

White Waste Bins - Plastic

Waste Blue Waste - dry Waste

Environmental Protection and cleanliness have attained the highest importance, however basic concepts like waste disposal are neglected. It is our duty to segregate waste and throw garbage responsibly. The housekeeping staff, the guards and the gardeners were honored.

The installation and inauguration was held on 8 November 2019 at Amphitheatre (Venue) on 12:00 PM.



Instagram Video Link of Official NSS Handlef explaining Segregation of waste
<https://www.instagram.com/tv/B4uy4xgg6vE/?igshid=YmMyMTA2M2Y=>



THE RAKSHIN PROJECT: WORKSHOP ON CHILD ABUSE AND POCSO: IN COLLABORATION WITH SAKSHI, AN ORGANISATION

Sakshi's decades of experience in Research & Advocacy led us to understand that the starting point of the cycle of Sexual Violence is Child Sexual Abuse. When a child is sexually abused, they lose their sense of autonomy and personal boundaries, developing an inability to say 'No'. Abusive behaviours are then normalised as the child grows up, which results in them tolerating and managing other forms of abuse such as Workplace Sexual Harassment or Domestic Violence. As such, CSA leads to a 40% drop in productivity over a lifetime, not to mention the 2- 8% impact on global GDP.

In a country where 53% of its population has survived child sexual abuse, where 95% of the cases happen in families and trusted circles and 50% of cases go unreported due to the shame, denial and stigma that silences communities, we recognised that to fix the problem from its very root; we had to begin with dismantling patriarchal and misogynistic mindsets which enable a culture of violence.

After extensive lobbying, Sakshi received a directive from the Directorate of the National Service Scheme (NSS), Ministry of Youth Affairs and Sports in 2018 to deliver pro-bono capacity building workshops to 40,000 colleges, to equip 4 Million NSS Volunteers pan-India to be champions of change for the cause.

The project was launched in 2019; however, with the onset of the COVID-19 Pandemic, there was a sharp rise in domestic violence and a 200% spike in demand for child-based sexual material as reported by ICPF, thus exacerbating the situation. While everyone said 'Stay Home, Stay Safe', the home was not necessarily a safe space for nearly 50% of India's population.

Objective of workshop :

- 1) To address the denial, stigma, shame and silence rooted deep-seated sexist and misogynistic mindsets and dismantle patriarchal structures that enable gender-based violence.
- 2) To build the capacities of the youth and adult stakeholders in 21st century skills and emotional intelligence to prevent gender-based violence and child sexual abuse within families and communities.
- 3) To create a social tipping point in India to #ENDViolence by having at least one skill-built 'Rakshin' in each home, educational institute and workplace.

Photo of the event





DASTAAN-E-JALIYAAN: IN COLLABORATION WITH REVERIE, THE CULTURAL WING OF CVS

In commemoration of Mahatma Gandhi's #Martyrdom_Day, on 30th January 2020, #Reverie, the cultural wing of CVS and National Services Scheme, CVS jointly organised "Dastan-e-Jallian". #Dastangoi by Ainee Farooqui and Nusrat Ansari. Directed by Mahmood Farooqui. Dastangoi is a 13th century Urdu storytelling art form. The Persian style of dastan evolved in 16th Century. The art form reached its zenith in the Indian sub-continent in the 19th century. Dastangoi was revived by historian, author and director Mahmood Farooqui in 2005. Dastan-e- Jallian is directed by Mahmood Farooqui. The event commenced with a moment of silence in memory of the martyrs of the Indian freedom struggle followed by a riveting Dastangoi narration by Ainee Farooqui and Nusrat Ansari. Ainee Farooqui and Nusrat Ansari both did History Hons. from Lady Shri Ram College. Ainee is pursuing Phd in History from University of Delhi and Nusrat completed her masters in Development Policy from Tata Institute of Social Sciences, (#TISS) Tuljapur.

For Ainee, Dastangoi is a medium by which History can break out of classrooms and reach to a wider audience. Nusrat has profound interest in heritage and culture. Her curiosity to explore the Urdu language brought her to Dastangoi. The two accomplished performers, in white attire, eloquently narrated a string of events which ignited the memories of freedom struggle. With their powerful performances they not only revived the long lost art of Dastangoi but also evoked a strong feeling of nationalism amongst the audience. The spellbinding performance around the Jallianwala Bagh massacre made us realise the moments of tragedy. Vote of thanks was proposed by Principal Sir, Dr. Inderjeet Dagar. It was a profound yet humble homage to our martyrs on 30th Jan.2020.

Let's have some glimpse of event through few images



The Image shows Ms. Nusrat Ansari receiving Vote of Thanks from Hon'ble Principal Sir.



The image shows Ms. Ainee Farooqui receiving Vote of thanks from our College's Respected Prof. Shashi Singh Ma'am.





Names of College Faculty present During Event:

Dr. Inderjeet Dagar (Principal) , Prof. Anirudh Deshpande, Manmohan Singh, Anuradha Bawa Singh, Gauri Mishra, Sunil Jaspal, Shashi Singh, Ragini Agarwal, Deepa S. Garg, Mamta Mrinal Pingua, Ruchi Singh, Meera Nangia, Anju Dagar, Chachra, Jayshree Chaudhary, Vinay Vishwas Singh, Virender Virendra Singh Bithoo, Pawar, Ruchi Goswami, Parul Kapur, Tiwari Navodita Dahiya Aakanksha Nirala, Neeru Thagela, Avinash Chandra, Rupesh Shukla, Vedbrat



Reverie
The Cultural Wing of CVS



IN COLLABORATION WITH
NATIONAL SERVICE SCHEME, CVS
ORGANISES

DASTAN-E-JALLIAN

PERFORMANCE BY
AINEE FAROOQUI & NUSRAT ANSARI
WRITTEN BY : ANIEE FAROOQUI
DIRECTED BY : MAHMOOD FAROOQUI



30 JAN 2020 | 11:30 AM
SEMINAR HALL

REGISTRATION LINK : [HTTPS://BIT.LY/203VXHE](https://bit.ly/203vxhe)
DRESS CODE : ETHNIC

SALONI GUPTA
7905689772

RAGHAV DHEER
7042017757



Competition organised by NSS-CVS.

Link to the event

https://m.facebook.com/story.php?story_fbid=pfbid037di2WVMhsHujJrUZUa2smgSyVH12LuRjL7Y25hfeBbG4pfbjFgWy24xDvcBzipV9l&id=1017548498274468

Photos of the event



This is to certify that the activity report (Teacher/Department/Society/Association) has been submitted for documentation to Internal Quality Assurance Cell, College of Vocational Studies, University of Delhi.

Anu Satyal

Dr. Anu Satyal
IQAC Cordinator
College of Vocational Studies

Ajay Jaiswal

Prof. Ajay Jaiswal
Officer on Special Duty
College of Vocational Studies
OSD/Principal/अ.एस.डी./प्रधानाचार्य
College of Vocational Studies
कॉलेज ऑफ वोकेशनल स्टडीज
(University of Delhi) (दिल्ली विश्वविद्यालय)
Triveni Sheikh Sarai, Phase I
त्रिवेणी शेख सराय, फेज- I,
New Delhi-110017/नई दिल्ली -110017