



The time travellers -history

Department of CVS 2016-2017

(Seminars/Workshops/Conferences)

Name of workshop/seminar/Conference	No. of participants	Date
Lecture : Food and Culture By “ Asif Khan Dehlvi ”	100	03-03-2017



FOOD AND CULTURE BY ASIF KHAN DHELVI

Lecture on “**Food and Culture**” by **Asif Khan Dehlvi** Karvan, the annual fest of the history department of CVS DU, came up with a two-day event with prime focus on the serene Sufi culture. Our speaker, Mr. Asif Khan Dehlvi shared his wonderful life experiences, while growing up amongst the Sufis of Chirag Delhi and shared his extraordinary knowledge with the students over India’s food and culture. After this, students grooved to a fabulous singing performance by Ankit Jha’s band followed by a soothing live qawwali performance by the Nizami brothers, under the tagline- “Shaam-e-Sufiyana”. The entire dept. experienced the essence of Sama and zikr of the divine Sufi traditions. Indian food is different from rest of the world not only in taste but also in cooking methods. It reflects a perfect blend of various cultures and ages. Just like Indian culture, food in India has also been influenced by various civilizations, which have contributed their share in its overall development and the present form. On an individual level, we grow up eating the food of our cultures. It becomes a part of who each of us are. Many of us associate food from our childhood with warm feelings and good memories and it ties us to our families, holding a special and personal value for us. Food from our family often becomes the comfort food we seek as adults in times of frustration and stress. On a larger scale, food is an important part of culture. Traditional cuisine is passed down from one generation to the next. It also operates as an expression of cultural identity. Immigrants bring the food of their countries with them wherever they go and cooking traditional food is a way of preserving their culture when they move to new places. Continuing to make food from their culture for family meals is a symbol of pride for their ethnicity and a means of coping with homesickness. Many open their own restaurants and serve traditional dishes. However, the food does not remain exactly the same. For example, some ingredients needed to make traditional dishes may not be readily available, so the taste and flavor can be different from the taste and flavor of the dishes that they would prepare in their home countries. Additionally, when immigrants sell food in another country, they do not only sell it to people from the same countries as them, but to people from different countries. Therefore, they have to alter the original dishes to cater to a wider range of customers with distinct tastes and flavor preferences. Alterations to original dishes can create new flavors that still retain the cultural significance of the dish.



COLLEGE OF VOCATIONAL STUDIES
THE HISTORY SOCIETY "TIME TRAVELLERS" PRESENTS

KARVAN '17

2ND - 3RD MARCH

2ND MARCH:

Lecture on Food and Culture by ASIF KHAN DEHLVI

Day 1(2nd March):

- > General Quiz + History Quiz
- > Mono Act

Day 2(3rd March):

- Solo Singing<-
- Creative Writing<-

3RD MARCH:

Performance by ANKIT JHA & TEAM

"शाम-ए-सुफियाना"

Live performance by NIZAMI KHUSRO BROTHERS

Sponsored by- मैथिली भोजपुरी अकादमी (Delhi Govt.)

Contact:

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LINK: <https://www.facebook.com/946044278761960/posts/1436788066354243/>

This is to certify that the activity report (Teacher/Department/Society/Association) has been submitted for documentation to Internal Quality Assurance Cell, College of Vocational Studies, University of Delhi.

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